

# WESTERN COMMUNITY HEALTH PROGRAMS

**300 Shelton St., Chadron, NE  
1 (308) 432-8979**

Community Support  
Emergency Community Support  
Crisis Response  
Supportive Employment  
Youth Transition Services  
Pharmacogenomics testing  
Children's Outreach Program  
Connected Youth Initiative  
Early Development Network  
Community Essentials Pantry  
Families and Schools Together  
Respite  
Women, Infants and Children  
Commodity Supplemental Food Program  
Immunization  
Family Reproductive Health Services  
HIV Testing & Counseling  
Ryan White Early Intervention Program  
Population Health  
Mental Health Outreach/Telehealth  
Patient Prescription Assistance Program  
Contracted Services

# REGIONAL RESOURCES

## **Mental Health Alliance**

203 Klueffer St., Rushville, NE  
815 Flack Avenue, Alliance, NE  
3321 Ave I, Scottsbluff, NE  
731 Illinois St., Sidney, NE  
509 W 5th St., Kimball, NE  
1 (308) 225-6572

## **Regional West Psychiatry and Behavioral Health**

2 W 42nd St. Suite 3200, Scottsbluff, NE  
1 (308) 635-3888

## **Western Nebraska Behavioral Health**

307 Conrad St., Rushville, NE  
1 (308) 327-2026

## **Addiction Counseling and Consultation Services, Inc.**

1917 Avenue A, Scottsbluff, NE  
1 (308) 633-1390

## **DOVES Program**

3432 Main St., Chadron, NE  
2035 10th St., Gering, NE  
212 Box Butte Ave. Suite B, Alliance, NE  
1 (866) 953-6837

**Sponsored by the A.W.A.R.E. grant and  
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Resources (June 2022)**

# MENTAL HEALTH PROVIDERS

In the Central Panhandle

# PROVIDERS & TREATMENT

## **ACCS, Inc.**

1917 Ave. A, Scottsbluff, NE  
1 (308) 633-1390  
www.accsinc.net/

## **Box Butte General Hospital**

2101 Box Butte Ave. Alliance, NE  
1 (308) 762-6660  
www.bbgh.org/

## **Cirrus House**

1509 1st Ave. Scottsbluff, NE  
1 (308) 635-1488  
www.cirrushouse.org/

## **Community Action Partnership of Western Nebraska**

3350 10th St. Gering, NE  
1 (308) 635-3089  
www.capwn.org/

## **Harmony Counseling PC**

115 W Railway St. #B106 Scottsbluff, NE  
1 (308) 635-9888

## **Healthy Choices Counseling**

1821 1st Ave. #2 Scottsbluff, NE  
1 (308) 632-8236

## **Holland Counseling, LLC**

723 Flack Ave. Alliance, NE  
1 (402) 749-0646

## **Human Services, Inc.**

419 W 25th St. Alliance, NE  
1 (308) 762-7177  
www.hsinc.org/

## **Independence Rising**

2350 Five Rocks Rd. Gering, NE  
1 (308) 633-7025  
www.irnebraska.org/

## **Midwestern Behavioral Health Services**

1811 Ave. A Scottsbluff, NE  
1 (308) 641-8409  
www.drsternensky.org/

## **Monumental Health Counseling**

906 N St. Gering, NE  
1 (308) 436-2365

## **Region 1 Behavioral Health Authority**

4110 Ave. D Scottsbluff, NE  
1 (308) 635-3173  
www.region1bhs.net/

## **Regional West Medical Center**

4021 Ave. B Scottsbluff, NE  
1 (308) 630-1268  
www.rwhs.org/services/other-services/behavioral-health-unit

## **Seasons of Hope Counseling, LLC**

115 W 5th St. Alliance, NE  
1 (308) 763-9901

## **Scottsbluff VA - Outpatient Mental Health Clinic**

601 5th Ave. Scottsbluff, NE  
1 (308) 225-5330  
www.va.gov/black-hills-health-care/

For more information, please reach out to:

### **Emily Guthrie**

Dept. of Psychiatry, Addiction Services/IOP  
1 (402) 552-2071

### **Laura Schutte-Lundy, LIMHP LADC**

Dept. of Psychiatry, Addictions and Adolescent  
1 (402) 807-3967

# HELPLINES

## **National Suicide Prevention Lifeline**

1 (800) 273-8255

## **Veterans - Crisis Line**

1 (800) 273-8255 and press "1"

## **Behavioral Health Inpatient Unit**

1 (308) 635-3711

## **DOVES Program Hotline**

1 (866) 953-6837

## **Nebraska Substance Abuse Hotline**

Dial 211 or 1 (866) 813-1731

## **Native Youth Crisis Hotline**

1 (877) 209-1266

## **Boys Town National Hotline**

1 (800) 448-3000

## **SAMHSA National Hotline**

1 (800) 662-4357

## **Chadron LOSS Team**

1 (308) 225-3861

## **ADOLESCENT OUTPATIENT PROGRAM**

This program is available through the UNMC department of Psychiatry. It is available to referred 13-18 year old patients who struggle with substance abuse disorders and/or any co-existing mental health diagnoses. Provider referral preferred. Self-referral also accepted.

**FYI:**

**No Transportation? No Problem!**  
Many counselors also offer telehealth appointments.

**Many counselors adjust fees** based on the patient's financial capability. This is known as **"sliding-scale" payments**.