Hello,

May is National Mental Health Awareness Month.  Attached is a toolkit for your use to promote activities and help reduce stigma.

Video explanation of toolkit:  <https://youtu.be/OEyfDytooHI>

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| [YouTube](https://youtu.be/OEyfDytooHI)  youtu.be |

TOOLKIT:

1. Social media flyers (2 attachments) - Please use as you like.
2. Images for social media, email signatures and Zoom backgrounds (5 attachments).  (If the image is reversed in Zoom, you can click on the mirror image box)
3. Activities and YouTubes by grade groups (5 attachments)
4. Proclamation for your May BOE Meeting (1 attachment)
5. Editorial (1attachment)